

Systèmes sol de distribution du temps

P.-E. Pottie

Outline

- Motivations for extremely accurate time and frequency transfer
- Optical fibers
- Fiber links
	- Concepts
	- PTP / WR-PTP
	- Optical frequency transfer
- On-going projects, prospects and outlook

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Motivations for time and frequency dissemination

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Definition & Variations in fundamental constants

Fundamental Scientific Applications

Sensing/Defense:

Positioning, Navigation and Timing

Timing+syntonisation: ms-ns, 1e-11-1e-15 **Traceability**

Large instruments, array of detectors

Timing+syntonisation: ns-ps, 1e-16 **Comparisons**

Timing+syntonistion: ps, 1e-18 and better! **Comparisons**

astronomy, astro particle, geoscience multi-messenger astronomy, seismology

VLBI…

Earth Science and climate change

geodesy, chronometric leveling

Dissemination of Time and Frequency from standards (atomic clocks, timescales)

for industry / society : Telecom and network synchronisation, smart grids, finance, manufacturing…

Means for time and frequency dissemination on ground

Précision : $1 - 50$ ms PTP / PTP-High Aaccuracy : Precision: < 1 µs

Analog RF+ time transfer (ELSTAB) Precision: < 10 ps

Analog optical frequency transfer

Precision: < 10 fs

ren oble, November 14, 2024

Lasers in time and frequency metrology nowadays

Ultra-stable laser probe atomic transition

Optical frequency comb measures frequency ratio (optical down to microwave domain)

Optical link enable optical frequency dissemination

Laser is stabilized on a highfinesse Fabry-Pérot cavity.

High-repetition rate laser stabilized on a cavity generate a frequency comb (Fourier transform).

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What-is-optical-frequency-comb.html

Single mode fiber enable low-loss and low-interference telecommunications.

Guided propagation

• In this lecture, we deal only with single mode, non-polarisation maintaining

- Light guided by total internal reflection.
- Many engineering designs for various applications:
	- Single mode / multi-mode
	- Polarisation maintaining
	- Rare-Earth doped
- Photonic crystal fibers, hollow cores… Credit : https://www.sfoptique.org/ Credit : https://
	- fibre, as used in telecommunications for 40 years.
	- It exists a telecommunication fiber infrastructure:
		- Fiber optic cables first used to carry phone calls in the 1970s.
		- Nowadays, these cables bring high-speed internet to much of the world.
		- Around the globe, cables are buried underground, hang from poles and
			- snake across the seafloor. Together, they span some 4 billion kilometers
			- of cable (by 2023).

Source: DOI: 10.1007/s11067-005-6208-z

physics.stackexchange.com/

propagates.

internal reflection. Typical diameter 125 µm

 θ_c = arcsin $\left(\right)$ $n₂$ Critical angle $\qquad \theta_c=\arcsin\left(\frac{2}{n_1}\right)$ Numerical aperture $\qquad NA=\sqrt{n_1^2-n_2^2}$

- n \approx 1.47 at 1.55 µm; δ n \approx 5 10⁻³
- Velocity \approx c/n \approx 2 x 10⁸ m/s

- Nota bene : additional jackets to protect the fiber :
- coating (polymer, 250 µm): mechanical protection, makes fibre resilient to bending • Buffer (plastic, 900 µm to 3 mm): mechanical protection, simplifies handling
-
- More jackets: temperature and humidity, rats…
- Fiber cables may have hundred of fibers.
- traffic.

Optical fiber

Optical waves are guided inside the core of the optical fibers

Core (glass) : central zone with higher optical index **n**₁, where most of the light

$n_1 > n_2$

$$
\frac{n_2}{n_1}
$$
 Numerical aperture $NA = \sqrt{n_1^2 - n_2^2}$ typical NA 0.13

Credit: https://www.rfvenue.com/blog/2016/03/16/multi-mode-vs-single-mode

- diameter $2a \le l$ 0 µm for near-infrared (800 2000 nm)
- Cladding (glass): surrounding zone with (a little) lower index **n**₂, guides light by

• Propagation delay ≈ 5 ns /m

• Industrial are thinking about multi-core fiber to face exponential growth of data

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- Unicity of path !
- Longer range (> 1 km)
- Higher bandwidth (> 1 GHz)

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Single-mode fiber

Source: https://en.wikipedia.org/wiki/Optical_fiber#/media/File:Optical_fiber_types.svg

 $n_1^2 - n_2^2 < 2.4$

 λ : light wavelenght

- Higher core diameter
- Modal dispersion: several paths are possible !
- Easier to manipulate, less expensive

Single-mode:

Multi-mode:

Attenuation

Dispersion

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Workshop : Distribution sécurisée du Temps et Systèmes spatiauxUGA - Grenbbtp,S;{/www.thefoa.org/tech/ref/testing/test/CD_PMD.html/

Index of refraction of a fiber is dispersive.

- Chromatic dispersion (CD): typically 18 ps/(nm.km) @ 1550 nm
	- Caused by frequency fluctuations of the laser source
	- Bandwidth of the modulation (if any)
- Polarisation mode dispersion (PMD): typically 0.2 ps/√km
	- Polarisation rotation by the fiber, caused by core non-circularity and external variables as mechanical stress (bending, pressure waves,…)

 ω : angular frequency

• Thermal expansion: 1 *L dL dT* \simeq 5 × 10⁻⁷ K^{-1}

- The optical length **n L** varies with time
	- Refractive index varies with time: $n(T, \epsilon)$. Dominant term. $n(T,\epsilon)$
	- Physical length varies with time: $L(T, \epsilon)$. Second order term. $L(T,\epsilon)$
- Mainly acoustical (short term) and thermal (mid term) fluctuations

Delay and delay variations

One way delay:
$$
\tau = \frac{nL}{c}
$$
 L:length

• Thermo-optic coefficient:
$$
\frac{dn}{dT} \simeq 10^{-5} K^{-1}
$$
 See L.G.

• **Strain:**
$$
\epsilon = \frac{dL}{L}
$$
 5.11 6.12 6.13 6.14 7.15 6.15 8.16 7.16 8.17 9.19 10.19 11.10 12.11 13.11 14.11 15.11 16.11 17.11 18.11 19.11 19.11 19.11 19.11 19.11 19.11 19.11 19.11 19.11 19.11 19.11 19.11 19.11 19.11 19.11 19.11 19.11 19.11 19.11 19.11 19.11 19.11 19.11 19.11 19.11 19.11 19.11 19.11 19.11 19.11 19.11 19.11 19.11 19.11 19.11 19.11 19.11 19.11 19.11 19.11 19.11 19.11 19.11 19.11 19.11 19.11 19.11 19.11 19.11

• Strain-optic coefficient *dn dϵ* $\simeq 0.2$ (1979),; doi: 10.1002/j.1538-7305.1979.tb03328.x. D. Stowe, D. Moore, et R. Priest, « Polarization fading in fiber interferometric sensors », (1982); doi: 10.1109/JQE.1982.1071402.

$$
\frac{d\mathcal{L}}{d\mathcal{L}} \tag{1982}
$$

Optical fibers are excellent sensors ! …

of the fiber

for instance :

- . Cohen et J. W. Fleming, « Effect of temperature on transmission in lightguides »,
- Imaoka et M. Kihara, « Long-term propagation delay characteristics of telecommunication lines », (1992); doi: 10.1109/19.177337.
	- roggatt et J. Moore, « High-spatial-resolution distributed strain measurement in optical with Rayleigh scatter » (1998); doi: 10.1364/AO.37.001735.

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Doppler shift and Doppler canceller

Phase fluctuations induce frequency fluctuations: 1 2*π dϕ dt* $\nu_{RX} = \nu_{TX} \left(1 - \frac{v}{c} \right)$ **Doppler shift:** $\nu_{RX} = \nu_{TX} \left(1 - \frac{1}{c} \right)$

- Variable delays induce a Doppler shift. **•** $d\tau_D$ *dt* = *v* \mathcal{C}
- Mainly white phase noise + white frequency noise (< 10 Hz).
- Modulation index is defined as the peakto-peak amplitude of phase variation. It can be >> 1 for long haul links.
- Compensation system acts to make $\phi_c(t) = -\Phi(t)$
- In loop, the two waves are in phase, with an unknown phase offset.

- Propagation noise compensation: affects stability and accuracy
	- One way:
		- None! Unstabilized fiber links
		- Compensation from propagation model
	- Two-way
		- Post-processed: mainly used for comparisons
		- Active, real-time compensation: mainly used for transfer
- Topology: affects reciprocity properties and correlations
	- uni-directional
	- Bi-directional
- Signals: affects the scalability
	- Digital
	- Analog

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Classes of fiber links

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Classes of fiber links

- RF or MW transfer (10 MHz to 10 GHz)
- **EXECUTE:** Time transfer
- Direct transfer of an optical frequency
• Well-suited to optical clocks compare • Well-suited to optical clocks comparison

2 classes of methods

CLK : 'clock' signal PLL : Phase-Lock Loop

- CLK is a local oscillator signal
	- Low-phase noise
	- **Frequency might be inaccurate**
	- As continuous as possible
	- RF/hF : quartz, H-maser
	- Optical domain : laser

- Indirect transfer : Optical waves carry information by modulation \bullet AM, FM, PM, \dots
	- Well-suited to microwave clocks comparison and time transfer

Precise Time Protocol: PTP

NB: NTP works almost the same way, but in this description the transmit timestamps T1 and T3 are softstamps measured by the inline code. Softstamps are subject to various queuing and processing delays.

time error = *τMS* − *τSM* 2

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PTP accounts for instrumental asymmetries.

- Round trip time: $\tau_{rtt} = (t_2 t_1) (t_4 t_3)$
- Clock offset : $t_B t_A = (t_2 t_1) + \tau_{MS}$
- In case of asymmetry $\tau_{MS} \neq \tau_{SM}$:

 Ω using hybrid-based approaches. In [33], an IEEE 1588 prototype on wireless LAN was A. Arteaga et al., Electronics (2024), doi: 10.3390/electronics13020458.

management modules. Figure 5 shows how synchronization times improve when using

Figure 5. Implementation choices to achieve better time synchronization [32].

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Precise Time Protocol: PTP

Precise Time Protocol: PTP

A. Arteaga et al., Electronics (2024), doi: 10.3390/electronics13020458.

-
- Master M1000 unit transmitting PTP to a slave M1000
- 1PPS and NTP reference from
	- UTC(NPL) unit
- Two 50km fibre spools with long range SFPs.

 10^{6}

Precise Time Protocol: experimental results

Results from test set-up using M1000 units • Test set-up:

WR-PTP

time interval counter.

2.3 A typical White Rabbit Network $\tau_{MS} - \alpha \cdot \tau_{SM}$ time error = *τMS* − *α* ⋅ *τSM* 2

Synchronous Ethernet (SyncE)

- Layer-1 syntonization
- A common frequency reference for the entire network
- All nodes of the network are locked to the frequency of the System timing master

Digital Dual Mixer Time Difference (DDMTD)

- Precise phase measurement
- A phase compensated clock signal for the slave

Asymmetry compensation

- - Chromatic dispersion
	- Unequal fiber lengths
- 'Static' correction of propagation asymmetry possible with WR.

G. Daniluk,(CERN). Nuclear Instruments and Methods in Physics Research **725**, 187–190 (2013)_{edistribution du temps -} Workshop : Distribution sécurisée du Temps et Systèmes spatiauxUGA - Grenoble, November 14, 2024 et Systèmes spatiauxUGA - Grenoble, November 14, 2

- Test set-up:
- Grand master switch unit transmitting WR-PTP to a WR switch slave
- 1PPS and NTP reference from UTC(NPL) unit
- Two 50km fibre spools with long range SFPs.

WR- PTP: experimental results

Ways to improved WR

Fig. 1. Phase is not because the power spectral detection of the Grand-Color and inproved Grand-Color and inproved Grand-Color and increase α **Rizzy**) Fig. 3. Bed. 3. Relative from the Fig. 3. September 10. September 10. September 2013. The free running Local Co Oscillator and the error signal of the slave switch. • Trick : increased PLL bandwidth of the GM L.O. to a good quality reference signal (H-Maser) (M.

the SoftPLL of the slave WRS by an FFT analyser and the percent choeking seneme, better enoice of

Vamneet Kaur Thesis
https://hel.archives.com/enter.fr/tel.01909992 $\frac{1}{2}$ Namneet Kaur Thesis and the a thousanders were proven to a thousander with the Namneet Kaur Thesis achieved an Alttps://hal.archives-ouvertes.fr/tel-01909292
<https://hal.archives-ouvertes.fr/tel-01909292>

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èmes spatiaux<code>UGA - Grenoble, November 14, 2024</code>

$\mathcal S$ the degradation $\mathcal S$. The frequency stability is due to the frequency stability is due to the common WR-PTP on long haul xWDM networks

We compare our lab experiment with two infield applications using the active applications using the active act
The active applications using the active applications using the active active active active active active activ

- \mathbf{u} and the 125 and 125 km attains a value of 8 \mathbf{v} and 1016 \mathbf{v} and \mathbf{v} in $\mathbf{$ • 2 architectures possible
- t_{GPS2} and t_{Mavelen} of t_{hers} . Thermal noise is in the consecutive stage is in the consecutive is in the consecutive stage i $\begin{array}{ccc}\n\overbrace{\text{CPIPPS}} & \bullet & \text{I} \text{ wavelength, 2 fibers}\n\end{array}$
- \bullet 2 wavelengths, I fiber is buried underground and thus expectation \bullet 2 wavelengths, I fiber • 2 wavelengths, 1 fiber
- Challenge : asymmetry determination and time accuracy

temperature excitation of all the cases α all the cases α and α integration of integration of integration of integration of α

E.F. Dierikx, et al. IEEE T-UFFC 63, 945–952 (2016).

WR network: monitoring and supervision

- Supervision of ~10 wrs in Paris area
- Implement monitoring of *wrs* and *zen-tp periodic poling of the devices*

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TDEV for round-trip time over the regional network 2x 0.3 km (L3) Approx. 1 month measurements2x 4.0 km (ISMO) 2x 27.6 km (LPL) 2x 50.1 km (Orsay) 10^{-10} TDEV_(S) 10^{-11} $10⁵$ $10³$ $10⁴$ integration time τ (s) Embedded monitoring resolution ~ 10 ps Round-trip time < 1 ns / 40 days

We observe diurnal perturbations on mid-range links.

Ultra-stable laser at telecom wavelength *Heterodyne detection* : emission and detection are not at the same frequency.

Bidirectional propagation No non-reciprocity

Conference on Lasers and Electro-Optics/Quantum Electronics and Laser Science Conference and Photonic Applications Systems Technologies OSA Technical Digest Series (CD) (Optica Publishing Group, 2007), paper CMKK1

Transmission of an Optical Carrier Frequency over a Telecommunication Fiber Link

G. Grosche, B. Lipphardt, H. Schnatz, G. Santarelli, P. Lemonde, S. Bize, M. Lours, F. Narbonneau, A. Clairon, O. Lopez, A. Amy-Klein, and Ch. Chardonnet

Author Information \star Q Find other works by these authors \star

heterodyne detection to resolve path ambiguity

Fig. From S. Feng et al., arXiv: Quantum Physics, déc. 2011 https://www.semanticscholar.org/paper/Balanced-heterodyne-detection-of-sub-shot-noise-Feng-Lu/ 84f3cf0c839dd1cbd06c6a89d30a907c4fdd9718

Optical frequency transfer

No modulation No CD No PMD

- Introduce frequency shifters (e.g. acousto-optic modulator) at both ends of the fiber link so that the frequency of the detected beat-notes unveil unambiguously the light travel path.
- Mandatory for live fiber network !

Advantages of the full optical method

- Heterodyne detection at remote end:
	- Signal $s(t) = |\alpha \times E_{RX}(t + \tau) + E_{CLK}(t + \tau)|$ 2
- After AC filter:
	- Signal $S_{PLL}(t + \tau) \propto \alpha(A_{RX} \cdot A_{CLK}) \cdot \cos(\Theta)$
	- $\Theta = (\omega_{RX} \omega_{CLK}) t + \Phi_{RX} + \Phi_{CLK} + \Phi_p$
- Detection of the transmitted field and not its intensity
- Detected signal is reduced by half the fiber losses in dB.
- The trick works at any frequency. But then its a matter of filtering to isolate the IF frequency. It is very convenient for RF-shifts of optical carriers.
- As a consequence, long hauls are easier to achieve with direct optical frequency transfer method than with indirect x-modulation frequency transfer methods.

Detection of round-trip noise

-
-
-

-
-
- -

Active noise compensation in an optical fiber link

one-way propagation time.

Nota bene : the compensation process is continuous. The retro-action is delayed by at least twice the

-
- Demonstration with 2 parallel fibers or one loop fiber: two ends at the same place.
- The average value is expected to be zero.

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Evaluation of noise compensation

Example: phase noise of a 86 km optical link

N. R. Newbury *et al.* (2007) doi: 10.1364/OL.32.003056. P. A. Williams *et al.* (2008) doi: 10.1364/JOSAB.25.001284. Experimental curves: Jiang *et al*. (2008) doi: 10.1364/JOSAB.25.002029

- Propagation delay: *τ* = *c nL* = *v L*
- Limited noise rejection:

Residual noise(t) at remote end

- \approx forward noise $\frac{1}{2}$ (round-trip noise)
- \approx ½ (forward noise backward noise)
- $\approx \frac{1}{2}$ (noise derivative) x (2τ)
- ≈ (noise derivative) x τ
- Fourier domain: residual noise (f) \simeq noise(f) \times ($j2\pi f$) $\times \tau$
- And the residual noise PSD $\approx \approx$ fiber noise PSD $\times (2\pi f\tau)^2$
	- Servo loop theory : correction bandwidth limited to \simeq


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Bidirectional amplification

- Erbium-doped fiber amplifier (10<G<20 dB)
	- Large bandwidth (40 nm)
	-
- Fiber Brillouin amplifier (<60 dB)
	-
	-
- -
	-

- **Repeater laser station**
- **(RLS) functionalities :**
- sends back signal to station N-1,
- corrects the noise of next link N,
- provides a user output

Cascaded links

- Divide the link length into smaller spans
	- Reduces the accumulated phase noise
	- Reduced the propagation time
	- Increase the noise compression
- Demonstrations in hF and optical domain
- Demonstration in C and L band
- Compatible with EDFA, Raman, and FBAs
- **Exists with interferometer on-chip**

Multi-segment approach for long haul links

S. M. Foreman,*et al*. (2007) doi: 10.1103/PhysRevLett.99.153601. M. Fujieda, et al. (2010) doi: 10.1109/TUFFC.2010.1394. O. Lopez et al. (2010) doi: 10.1364/OE.18.016849. S. Koke et al. (2019) doi: 10.1088/1367-2630/ab5d95. T. Akatsuka et al. (2020), doi: 10.1364/OE.383526. X. Deng et al. (2020) doi: 10.1088/1674-1056/ab7b4f. D. Husmann et al.(2021) doi: 10.1364/OE.427921 X. Deng *et al*. (2024) doi: 10.1088/1674-1056/ad0629.

SYRTE ^O de Paris **PSL&**

Repeater laser station (RLS)

O. Lopez et al., Opt. Express, vol. 18, no. 16, pp. 16849–16857 (2010) N. Chiodo et al., Opt. Express,vol. 23, no. 26, pp. 33927–33937 (2015)

SYRTE ^O de Paris **PSLIX**

- Remote control & monitoring
- Automatic operation
- Polarisation control
- 2 Outputs
- Min input power ~-60 dBm

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FM: Faraday Mirror; AOM : Acousto-Optic Modulator; PD: PhotoDiode; OC: Optical Coupler; PC : Polarisation Controller

Systèmes sol de distribution du temps -

FIRST TF

Refimeve network map (2024)

- •4 international connections (DE, UK, IT; CERN)
	- + Belgium-France cross-connection planned
- •Clocks @INRIM, PTB, NPL, and SYRTE connected
- •REFIMEVE connects 30 labs by 10/2024
- •REFIMEVE connects 6 research infrastructures
	- LSM, CERN (done)
	- SOLEIL, ESRF, IRAM, LOFAR (planned)
	- *Link* with EPOS-FR, …
- •FIRST-TF (Research federation) acts for the scientific animation of the French users connected by the fiber network
- •EURAMET: 5 EU projects to develop technology, + run optical clock comparisons,…

From fiber links to a metrological network infrastructure • Polarization-maintaining (optional) \cdots \cdots \cdots

•Availability of the fiber

- Dedicated frequency channel: parallel transmission of ultra-stable signal and data traffic in the same fiber on different frequency channels using dense wavelength division multiplexing (DWDM)
- Low-noise bi-directional optical amplifiers are setup on the RENATER network backbone in their shelters
- •**Technology maturation and knowledge transfers**
	- System vision, production, installation & operation
- •**Network supervision**
- **Data** availability & usability (FAIR), documentation, archives, live monitoring, community management…

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The series include polarization-maintaining models, narrow σ models, narrow σ

F. Camargo et al., **57** (25) ,2018, doi.org/10.1364/AO.57.007203

Industrial grade fiber links

- Same electronic as in a repeater laser station: remote control, automatisation
- Balanced multi-arm interferometer

1st lab prototypes: 7fs / K RLS industrial grade: < 1 fs / K MLS industrial grade: < .04 fs / K

- Free-space and fibered optics
- Low-temperature sensitivity by design
- Product design with Kylia > iXBlue > Exail
- Fast track for industrialization !

exail kylia

temperature sensitivity:

Multi-branches laser station

E.Cantin *et al*., New J. Phys. **23**, 053027 (2021).

Paris-Lille-Paris (2 x 340 km)

Lyon-Marseille-Lyon (2x440 km)

Paris-Lyon-Modane-Lyon-Paris (2x900 km)

Paris-Strasbourg-Paris (2x650 km)

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Relative frequency fluctuations vs time $\begin{pmatrix} \text{uays} \\ \text{vays} \end{pmatrix}$

REFINITY AVALUATE STANDARY AND REFINITIONS

Relative frequency fluctuations vs time (days)

1000 s / point

T-REFIMEVE (2021-2029)

- Extension to Brest, IRAM, CERN;
	- \bullet +14 new users;
	- + 8 new applicants to join the network.
- RF (1GHz) and time signal on the optical carrier (bi-directional, highest performance)
- WR: 10 MHz and time signal, mono-directional
	- Channel # 21 allocated by RENATER
	- Challenge : mitigation of link asymmetry on active telecom
- Mobile platform:
	- A test facility for the REFIMEVE users and exploration of chronometric geodesy
	- **Extraction of the REFIMEVE signal in huts**
	- Transportable shelter with ultra-stable cavity, comb, and room to host a transportable clock or a transportable quantum sensor

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Not addressed in this lecture and that's a pity

- Many activities for radio- and hyper frequency dissemination, time transfer
- Only one technique is standardized at IEEE so far : White-Rabbit (RF and time transfer, digital)
- Only one technique reported time scale comparisons to BIPM: ELSTAB, on the link AOS-GUM (Poland)
- Optical combs can also be transferred. On fiber, the record distance (in one stretch) is about 160 km
- More and more work is done on free-space optical transfer
	- Using combs: goal is to reach satellite in low-Earth orbit

C. Liu *et al.*, « Ultrastable Long-Haul Fiber-Optic Radio Frequency Transfer Based on Dual-PLL », (2021) doi: 10.1109/JPHOT.2020.3043263. D. R. Gozzard, *et al.*, « Simple Stabilized Radio-Frequency Transfer With Optical Phase Actuation » (2018) doi: 10.1109/LPT.2017.2785363. W. McKenzie et al., « Clock synchronization characterization of the Washington DC metropolitan quantum network (DC-QNet) » (2024), doi: 10.1063/5.0225082.

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Last words: towards a fiber network in Europe

EURAMET JRP: NEAT FT, OFTEN, WRITE, TIFOON GRAIT STATES ON THE ROME, LICORNE, TORTUE, (...) ITOC, ROCIT (clock comparisons) H2020: ICOF

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EU Research infrastructure

LIOM, REMIF, REFIMEVE+, T-REFIMEVE, FIRST-FT

TOCUP, ONSEPA, (…)

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Thank you for your attention !

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